

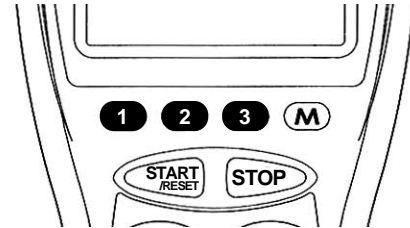
QUICK OPERATION GUIDE

For detailed instructions, refer to the User Manual.

Using the Quick Mode


You can select the AUTO COURSEs, which are adjusted to the standard body shape pre-programmed based on the body height. Since the POINT NAVI function is bypassed, the Quick Mode is recommended when you like to start the massaging immediately.

- 1 Press [START/RESET] button. (Foot-rest will be raised automatically.)
- 2 Press either of **1**, **2**, **3** or **(M)** button.
- 3 As to how to select any desired course and as to how to adjust the SHOULDER/WAIST positions, read the Using the AUTO COURSE printed on the front page.



Registering in the memory

If you change the pre-programmed AUTO COURSEs and register the change, you can enjoy your own original courses.

1. Press [START/RESET] button. (Foot-rest will be raised automatically.)
2. Press the **(M)** button for 2 seconds.
3. Select a desired AUTO COURSE and enjoy your own customized massaging.
(Referring to the “Adjustment during the AUTO COURSE movement” on the front page, change the contents of auto course according to your preference.)
4. As the AUTO COURSE is completed, the memory registration screen is displayed. Select “YES” or “NO” with the  button and then press the [ENTER] button.



Just press the **(M)** button at the next time when starting your own customized massaging.

SAFETY INSTRUCTIONS

WARNING

- (1) The following persons should not use the chair (for fear of the possible occurrence of physical disorder).
Those who are advised by a physician not to get a massage; for example, those with thrombosis (embolism), severe aneurysm, acute varicosity, dermatitis or skin infections (including inflammations of subcutaneous tissue).
- (2) The following persons should consult a physician before use.
Those having a medical electronic device embedded in the body such as a pace-maker susceptible to the electromagnetic interference. Those with malignant tumors. Those with heart diseases. Those under unstable conditions of pregnancy or after childbirth. Those with sensory disturbance caused by peripheral vascular disorder such as diabetes. Those with injuries. Those in need of repose. Those with a body temperatures of 38°C or more (in pyrogenetic condition); for example, at the time of the manifestation of acute inflammatory symptoms such as malaise, chill, anisopiasis, or when under weak conditions. Those with osteoporosis, fractured vertebra or acute pains. Those with abnormality in the backbone (vertebra) or with the backbone bent to left or right. Those with inflammatory diseases such as sprain or muscle strain. Those with herniated disk. Those with any abnormality on the body or under medical treatment.
- (3) Before reclining the back-rest or elevating the foot-rest, check to make sure that there is nobody, pet or object around the back and under the foot-rest
- (4) When lowering the foot-rest, be careful not to pinch the foot or the hand in it. Check to make sure that there is nobody, no pet or nothing under the foot-rest.
- (5) Before using the chair, raise the back-pad to make sure that the cover cloth of the back-rest is not torn. Make sure also other parts if there is any tear on the cloth. (When any tear is found, no matter how it is small, disconnect the power cord plug, and ask for repair.)
- (6) When massaging around the neck, be careful of how the knead balls move. Refrain from massage of the front neck with excessive intensity.
- (7) Do not allow children or persons unable to call help to use the chair by themselves. Infants should not be allowed to have access to the chair.
- (8) Do not allow children to play with or ride on the chair.
- (9) Do not attempt to modify the chair in any event. Do not disassemble or repair it by yourself.
- (10) When any trouble occurs in the chair, disconnect the power cord plug, and ask your dealer for inspection or repair.